



Homemade Lavender Fabric Softener

Safely soften your laundry with a natural vinegar and baking soda based fabric softener for the rinse cycle. Lavender essential oil imparts a fresh, natural scent to this simple recipe.

- 1/2 cup white vinegar
- 2 tbsp baking soda
- 60+ drops lavender essential oil

DIRECTIONS:

1. In a measuring cup, dissolve the baking soda in the vinegar.
2. Stir in the lavender essential oil.
3. Add mixture to rinse cycle, using 2 tablespoons for a small load, 4 tablespoons for medium, and 8 tablespoons (1/2 cup) for large.



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Surface Cleaning Spray with Lemon Essential Oil

A simple homemade surface cleaning spray recipe made with lemon and lavender essential oils.

- 1 2/3 cups water
- 1/2 tsp sodium borate (Borax)
- 1/4 teaspoon unscented castile liquid soap
- 75 drops lemon essential oil
- 75 drops lavender essential oil
- 16-ounce spray bottle

DIRECTIONS:

1. In bottle, combine all ingredients
2. Replace lid and shake until well blended.
3. To use, shake bottle and spray into a cloth or onto a surface, then wipe clean.



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Freshening Citrus Carpet Powder

Few places in our homes are as well-lived on as our carpets. Next time you vacuum, don't just remove dirt and dust; freshen your carpets with the clean scent of sweet orange.

- 4 tbsp (60 mL) baking soda
- 25 drops orange essential oil

DIRECTIONS:

1. Measure baking soda into a mixing bowl. Sprinkle with essential oil.
2. Mix thoroughly until a damp powder forms.
3. Store in an airtight container. To use, sprinkle on carpet and let sit for 10 minutes. Vacuum as usual.



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Tip: Try lemon, lavender or grapefruit essential oil instead of sweet orange.

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Multi-Purpose Spray Cleaner

Just 4 simple ingredients: water, Borax, liquid soap and lavender essential oil create a multi-use cleaner that will purify your home with a fresh, sweet scent.

- 2 cups water
- 1/2 tsp sodium borate (Borax)
- 1/4 tsp unscented castile liquid soap
- 2 tsp lavender or tea tree essential oil

DIRECTIONS:

1. In a spray bottle, dissolve Borax into water.
2. Stir in lavender essential oil.
3. To use: shake bottle and spray into cleaning cloth or onto surface, wipe clean.
4. Alternatively, you can substitute 2 teaspoons of purifying tea tree essential oil for the lavender if you prefer.



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